

Iyengar® Yoga intensive with Marios Argiros

> March 20th 2026
< March 22nd 2026
Faenza, Italy

WORKSHOP

Marios was inspired early on in his yoga journey by Tricia Booth and Jeanne Maslen, who both encouraged him to take his dedication to Iyengar yoga further and follow the teacher training course in Manchester. As a professional classical musician he found that the concentration, discipline and self-practice needed in music could be applied to yoga in the same way. He qualified in 2002.

He has been a Senior Intermediate Level 3 (level III) teacher for many years, and continues to make regular visits to India to study with the Iyengar family at the Ramamani Memorial Institute in Pune, and also with Jawahar Banger and Firoza Ali.

He now divides his time between Hertfordshire in the UK and Greece, and combines teaching local classes and yoga therapy with giving workshops all over the UK and Europe.

Workshop schedule

Friday, March 20 2026

17.30 > 20.00

Saturday, March 21 2026

9.30 > 12.30 | 16.30 > 18.30

Sunday, March 22 2026

9.30 > 12.30

Cost

200 € Whole workshop

180 € Saturday and Sunday only

50 € advance to be paid within February 28 2026 to the following bank account:

Ilaria Zinzani IT82M0854223700000000312849

or through PayPal (friends and family)

ilaria.zinzani@gmail.com.

Where

[Centro Sociale Il Borgo Via Pasquale Saviotti 1, Faenza](#)

Please bring your own props, if possible: sticky mat, belt, bricks, chair, blankets. There will be also a limited number of kits, available for renting at 15 €, for those who find it impossible to travel with their own props, write to me privately at ilaria@ilariazinzani.it or via WhatsApp.



Infos and registration

+39 380 6868584 | ilaria@ilariazinzani.it

A minimum of 2 years of practice with a certified Iyengar® Yoga teacher is required.